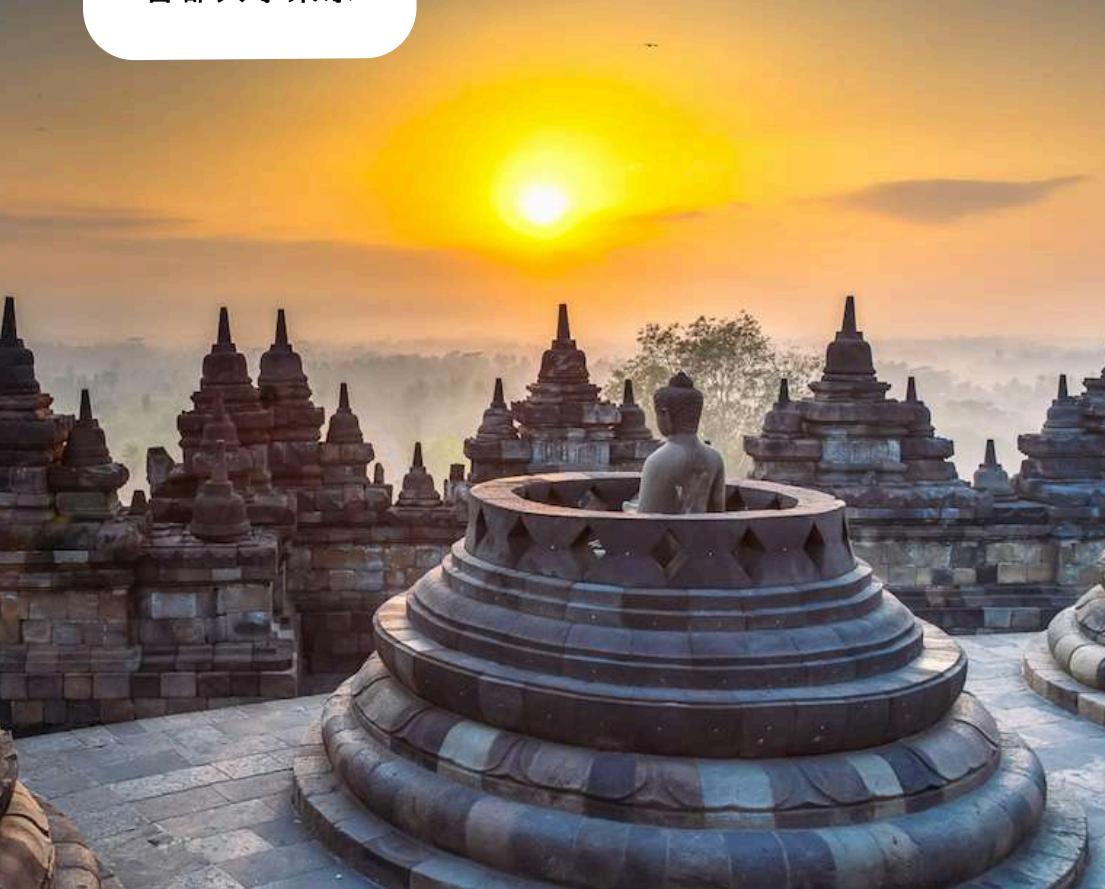




TOKYO METROPOLITAN UNIVERSITY

首都大学東京

PHD PROGRESS REPORT (OCTOBER 2017)



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SUMMARY OF PRESENTATIONS & CO-PRESENTATIONS

1st Asia-Pacific Interprofessional Education and Collaboration Conference (APIPEC), Indonesia

Sy, M. P. & Ohshima, N. (2017). *Interprofessional education student network spreading all over the world* [oral presentation], APIPEC, Indonesia. Surakarta: Faculty of Medicine, Universitas Sebelas Maret.

1st Asia-Pacific Occupational Therapy Symposium (APOTS), Taiwan

Sy, M. P., Ohshima, N., Lee, B., Pineda, R. C. S., & Sumulong, R. A. L. (2017). *Upskilling occupational therapy students and practitioners through interprofessional education* [symposium], APOTS, Taiwan. Taipei: Taiwan Occupational Therapy Association.

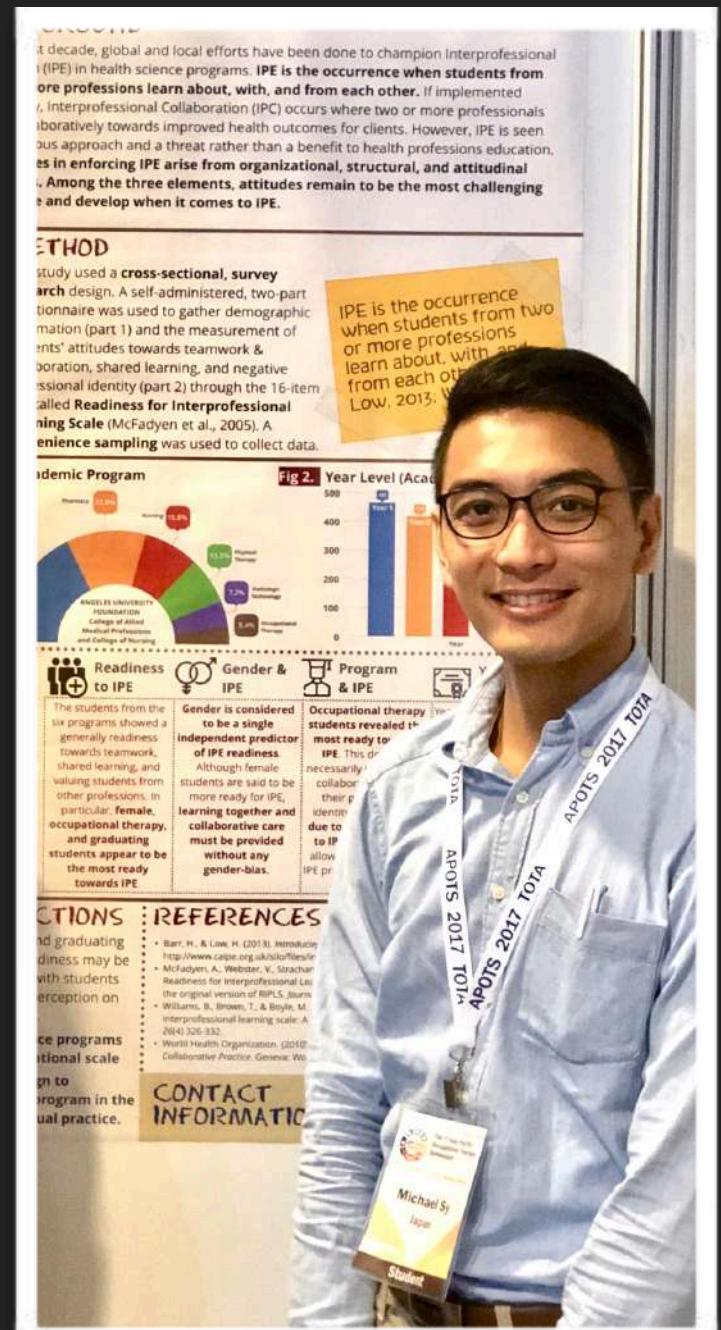
Sy, M. P., Ohshima, N., & Roraldo, M. P. N. (2017). *The role of Filipino occupational therapists in drug rehabilitation* [oral presentation], APOTS, Taiwan. Taipei: Taiwan Occupational Therapy Association.

Sy, M. P., Amante, K. S. D., Guanlao, I. C. V., Pangilinan, J. A. B., & Villanueva, J. L. (2017). *Readiness of health science students from Angeles University Foundation towards Interprofessional Education* [poster presentation], APOTS, Taiwan. Taipei: Taiwan Occupational Therapy Association.

Chupradit, S., Sy, M. P., Ramos, J. M. R. D., Pineda, R. C. S., & Jindakum, N. (2017). *Exploring occupational therapy partnership between Chiang Mai University and Angeles University Foundation: Lessons learned from an international exchange program* [poster presentation], APOTS, Taiwan. Taipei: Taiwan Occupational Therapy Association.

Katigbak, B. A., Sy, M. P., Chupradit, S., Pineda, R. C. S., & Ramos, J. M. R. D. (2017). *The occupational therapy internship exchange of Angeles University Foundation and Chiang Mai University: A qualitative study* [oral presentation], APOTS, Taiwan. Taipei: Taiwan Occupational Therapy Association.

Francisco, C. M. R., Guevarra, C. A. L., Viray, R. E. T., Panotes, A. A., & Sy, M. P. (2017). *Occupational Therapy Students Assembly: Preparing Filipino occupational therapy students for professional life* [oral presentation], APOTS, Taiwan. Taipei: Taiwan Occupational Therapy Association.





APIPEC 2017: OUTCOMES ACHIEVED

The 1st Asia-Pacific Interprofessional Education and Collaboration (APIPEC) conference was held last October 13-15, 2017 in Surakarta, Indonesia in coordination with the Universitas Sebalas Maret - Faculty of Medicine and the Indonesian Young Health Professionals' Society. This year's theme revolved around understanding interprofessional education and collaborative practice (IPECP) from a global lens that will bring forth local impact within the countries within the Asia-Pacific region. The conference was filled with oral presentations, posters, workshops, and informal discussions among students and professionals from different professional backgrounds and nationalities.

I presented an oral presentation entitled "*Interprofessional education student network spreading all over the world*" which described how student networks that promote IPE are considered champions as they train themselves and others in acquiring this 21st-century competency: collaboration. Moreover, I was occupied with the workshop track on research which enabled me to go through the research process in IPE with my colleagues. We had the opportunity to brain storm, discuss, share, present our outputs, and even receive feedback. During coffee breaks and the welcome dinner, I had the chance to speak with global leaders in IPE and IPC and learn from their expertise as well as interact with budding champions in IPE and IPC which aids me in further conceptualizing my PhD research. ◀

APOTS 2017: OUTCOMES ACHIEVED

The 1st Asia-Pacific Occupational Therapy Symposium (APOTS) conference was held last October 20-22, 2017 in Taoyuan, Taiwan in coordination with the Taiwan Occupational Therapy Association, Chang Gung University, and the Asia-Pacific Occupational Therapy Regional Group (APOTRG). The conference theme, "Contextualizing occupational therapy: Research, Practice, and Education", was expounded through the key note speeches, workshops, symposia, and hundreds of oral and poster presentations coming from occupational therapists from 20 different countries.

I presented a total of 3 primary presentations (1 symposium, 1 oral, and 1 poster) and more than 3 co-presentations in this conference. The symposium that I convened with Dr. Nobuo Ohshima (Tokyo Metropolitan University), Dr. Bumsuk Lee (Gunma University), Mr. Roi Charles S. Pineda (Katholieke Universiteit Leuven), and Ms. Reeva Ann L. Sumulong (Angeles University Foundation) narrated how IPE and IPC were brought from the United Kingdom to Japan, how Japan established its leadership in this WHO strategy and trained educators in neighboring countries in Asia, and how IPE and IPC principles were applied in the Philippines after Filipino educators received training in Gunma University (Japan). During my session, I was also able to share, for the first-time, my first international publication from the *Journal of Interprofessional Care* (impact factor 2.456) entitled "Filipino therapists' experiences and attitudes of interprofessional education and collaboration: A cross-sectional survey".

Moreover, my oral presentation was about my first study in my PhD. It aimed to identify the primary role of Filipino occupational therapists in substance addiction and rehabilitation using Q-methodology (mixed-method research design). The results of this study aim to guide me in conceptualizing how I will design my second study which will focus on investigating the effect of occupations in people during their recovery from substance addiction using a quasi-experimental and narrative research designs. ◀



ANNOTATIONS FROM APOTS 2017

PLENARY SPEECH

“Work for the mentally afflicted should be regarded from a therapeutic rather than an economic viewpoint. Not all patients find their interest in lighter crafts. Some find it in the garden, sewing room, in the laundry and in the kitchen. It has been suggested that a patient should not be utilized at his own trade, but that does not in general seem to be any good reason for this argument. **The boot-maker, for instance, who is good at his job, would find his greatest joy in turning out a boot worthy of his best efforts.**” (Dr. Jennifer Creek, 2017)

SYMPOSIUM

Question: “What can you say about the dominance of medical doctors and nurses in the hospitals and health centers? How do we, occupational therapists, deal with that? Please comment on this reality.”

My response: “Aside from providing evidence about the effectiveness of IPECP, **we need to establish relationships with our fellow team members.** Having a good working and personal relationship with physicians, nurses, etc is key. And I think OTs are very good with social skills and interpersonal relationships, so let’s start with that.”



KEY LEARNINGS & FUTURE PLANS



APIPEC 2017 (INDONESIA)

Key Learnings

- The sporadic proliferation of IPE and IPC in the Asia-Pacific region loses the integrity of its core concepts when it comes to practice and even research. Hence, there is a need to champion IPE and IPC in accordance to WHO practice framework and guidelines to ensure consistency in principle yet culturally sensitive in practice.
- Physicians, nurses, and pharmacists continue to dominate the use of IPE and IPC in universities and hospitals. Rehabilitation, social care, and education professionals are equally valuable members of a healthcare team and must also hone competencies in teamwork and communication skills to be effectively interprofessional.

APOTS 2017 (TAIWAN)

Key Learnings

- Occupational therapy is now evolving into a more contextual professional practice – more inclined towards the Eastern cultures and philosophies, more technologically advanced, and more pragmatic.
- The advancement of occupational therapy in Asia-Pacific must spur Filipinos to balance theory and experience, to be evidence-based, and most of all to go back to the use of occupations as the means and ends of our therapeutic contribution into our client's lives.

FUTURE DIRECTIONS

1. Include IPE and IPC principles within my PhD research on occupational therapy in substance addiction.
2. Submit future presentations for WFOT (South Africa) and ATBH 9 (New Zealand) in May and September 2018, respectively.
3. Re-design my second study for PhD in accordance to my learning in the past conferences I have attended. ◀